



February 2022 – Friends Kindergarten Readiness Calendar



Sunday Creative Arts	Monday Language Arts	Tuesday Science	Wednesday Letter	Thursday Math	Friday Social & Emotional	Saturday Physical Development
		1 February is the second month of the year. What season is it in?	2 The letter for the month is F. What sound does the letter F make? 	3 How many days are in the month of February? Are there more days in February or January?	4 Having friends is fun! But also, being a good friend is important. How can we be a good friend?	5 Go to the library and check out books about friends! 
6 Valentine's Day is a week away! Use paper and crayons to make Valentines for your family & friends.	7 How will your friends & family know who the Valentines are from or to?	8 Valentine's day shows lots of heart shapes. But what does the heart in our body do?	9 Do any of your friends have the letter F in their name? Look at your Valentine's to see!	10 You have been busy preparing Valentines! How many have you made? Do you need to make more?	11 What precautions should we take to make sure our Valentines can be delivered safely during COVID?	12 Take a walk in your community. Do you see any Valentine's decorations?
13 Create a special poem for your special Valentine!	14 Today is Valentine's Day! Enjoy your day with all your Valentines! 	15 There is a sound our heart makes to let us know it is working. What is the sound called?	16 Some letters have straight lines, and some have curvy lines. What type of lines does the letter F have? Don't forget lowercase!	17 Remember that sound from Tuesday? Do you know doctors listen to our heartbeat and count? Can you find yours & count?	18 Did you know regular exercise keeps our heart healthy and improves our mood! What are some other things we can do to make us happy?	19 Return the books to the library. Tell your librarian you have been reading about friends. Ask for more books about friends!
22 Do you know any songs about friends? Or, maybe you can make up a song with a friend!	21 Think of your favorite thing to do with friends. Create a story of one of those times. Can you make is silly? Or serious?	22 What instrument does a doctor use to hear our heartbeat?	23 Do see the letter F on this calendar? Circle the ones you see!	24 Look at the circles you made yesterday of the letter F. Ask an adult to help you count. How many are there?	25 I can't believe this is the last Friday of the month! What was your favorite part about February?	26 Sometimes we have to exercise inside due to weather. How can you and your family exercise inside?
27 It's been fun talking about friends. Draw a picture of some of your favorite things to do with your friends!	28 Today is the last day of February. What month starts tomorrow? 	<div style="border: 1px solid black; padding: 5px;"> <p>Kindergarten readiness calendars are created by Excel By 5, Inc. monthly with thematic activities for families to engage with children ages 3 & 4. All activities are aligned with Mississippi Department of Education Early Learning Standards. For more information about Excel By 5, Inc. go to www.excelby5.com.</p> </div>				